



Anita Naftaly Family Circle Conference

With Yoni Schwab, PhD

Opening the Doors, a program of Jewish Family Service, presents

The Only Thing We Have to Fear: Supporting Kids in the Age of Anxiety

Why is everyone so anxious, and what can parents and educators do to foster resilience? Dr. Schwab explores the prevalence of anxiety and why children, adolescents and adults seem more anxious and overwhelmed than ever. Gain research-based strategies to help kids and adults build tolerance for uncertainty, reduce avoidance, face fears with confidence and live more fulfilling lives.

Sunday, October 25, 2026

Adat Shalom Synagogue Social Hall

12:30 pm Registration & Resource Fair

1:00 pm Program followed by Q&A

Dessert Reception

Learn more & RSVP

jlive.app/events/16590

Registration required

Security will be present

ASL interpreter provided

Yoni Schwab, PhD, is a clinical psychologist, founder, and Assistant Head of The Shefa School, the first and largest Jewish day school in the world for kids with dyslexia and learning disabilities. Yoni is a sought-after presenter on ADHD, anxiety, learning disabilities, limit setting, and technology's effect on youth, and on Yeshivah University's Ferkauf Graduate School's voluntary faculty.

**For sponsorship opportunities,
please email OpeningTheDoors@jfsdetroit.org**

2.5 CEU credits are available for social workers

Presenting Sponsor: 



Opening The Doors builds an inclusive education for Jewish students of all abilities and the communities that support them. Since 1995, our program has opened doors for over 1,200 children annually and provides community engagement events.