

## Resources



### SAVE A LIFE

FREE NARCAN TRAININGS

<https://achcmi.org/training/narcan-training-save-a-life/>

### Operation Medicine Cabinet™

An Oakland County Sheriff's Office program, which partners with local law enforcement agencies to provide locations where citizens can properly dispose of expired and/or unused prescription drugs anonymously. See [oakgov.com/sheriff](http://oakgov.com/sheriff) for disposal site locations. (Go to Community Services tab to find link to Operation Medicine Cabinet)

### Oakland Community Health Network

(248) 858 1210 • [oaklandchn.org](http://oaklandchn.org)

### Mental Health and Substance Use Access Services

(248) 464-6363 non-emergency

### Common Ground Resource and Crisis Helpline

(800) 231-1127

### Sober Support Unit

(800) 231-1127

### Talk Sooner: Helping Parents Prevent Youth Substance Abuse

[talksooner.org/drugs/prescription-drugs](http://talksooner.org/drugs/prescription-drugs)



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## Properly Dispose of Unused Medicines



### Mix the Medicine With an Undesirable Substance

Remove the medicine from its original container and mix it with coffee grounds or kitty litter, then place the mixture in a sealed bag and dispose of it in the garbage.

### Operation Medicine Cabinet

Visit [www.oakgov.com/sheriff](http://www.oakgov.com/sheriff) to find a drop off location for your unused/expired prescription drugs all year round with no questions asked.



### Call Your Local Pharmacy

Many pharmacies in your area will take unused medications from you to properly dispose of them. Make sure to call before you go!

### Use a Drug Deactivation Bag

Contact your local coalition for a Deterra Drug Deactivation bag. They are easy to use and free to you from your coalition!



### Do NOT Flush Them

Do not flush medications down the toilet or sink. Until you can properly dispose of them, make sure they are locked up and out of reach.



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