# JFS Today

## The heart of a **stronger community**

**FALL 2016** 



## SUNDAY November 6, 2016

#### **ALL AGES WELCOME**

Congregation Shaarey Zedek 25735 Bell Road, Southfield

9:30am breakfast and supply pickup Transportation will not be provided.

#### YOUNG ADULTS

B'nai David Cemetery 3595 Van Dyke Street, Detroi

### 10am breakfast

In partnership with NEXTGen, Repair the World. Transportation will not be provided.

# 6TH-12TH GRADERS FALL FIX UP BLOCK PARTY

Adat Shalom Synagogue
29901 Middlebelt Road, Farmington Hills

12:15pm registration and pizza lunch

In partnership with J-Serve and Repair the World. Transportation will be provided; pick up at Adat Shalom at 4pm.

To register, visit www.jfsdetroit.org/fallfixup or contact Lindsay Leder for more information at 248.592.2309 or lleder@jfsdetroit.org.

To support Fall Fix Up, visit www.jfsdetroit.org, use the enclosed envelope, or contact Jenny Kabert at 248.592.2339 or jkabert@jfsdetroit.org.





# Celebrating 20 years of Fall Fix Up.

Certain things just say autumn: Kids going back to school. An influx of apple cider at the market. And Jewish Family Service's Fall Fix Up.

Now in its 20th year, Fall Fix Up continues to bring people together in the spirit of community and tikkun olam. Last year's event drew more than 500 volunteers who raked leaves and washed and winterized windows for more than 40 community members, ensuring their homes were ready for the coming months.

It's an event that's grown exponentially, starting with about 100 volunteers in 1996. "I remember Nancy Welber Barr and I sitting in her living room with little pieces of paper all over her floor," recalls Fall Fix Up committee member and JFS board member Micki Grossman. "That's how we put teams together before computers."

Those first few years, teams of volunteers would gather at JFS's Southfield location to receive supplies, directions to client homes, and of course, bagels. But Fall Fix Up's home base changed over the years to accommodate the increasing number of participants, moving to Yeshiva



Darchei Torah and the Oak Park Jewish Community Center before settling at Congregation Shaarey Zedek.

"In addition to the feeling of helping those in need, I think it's the efficiency of the event itself that brings people back," says committee member Jack Cherney. "We've really gotten this down to a science."

"It's rare for someone to volunteer for just one year," says Sara Voight, Fall Fix Up committee member and JFS board member.

In addition to preparing homes for the winter, Fall Fix Up brings visitors to older adults, some of whom may be homebound. "It brightens my day to see the smiling faces that come help me with my yard," says one homeowner. "I look forward to this every year."







# Always at your service.

#### **HEALTH CARE NAVIGATION**

Insurance is confusing. We make it simple. Since 2013, and with support from The Jewish Fund our team of certified health care navigators has responded to more than 18,000 requests for assistance in exploring and purchasing insurance on the health care marketplace through the Affordable Care Act. Open enrollment runs November through January. Those facing a qualifying life event (including job loss, marriage, and citizenship) can sign up anytime.

After going without health insurance for years, Arthur decided to attend a JFS health care navigation event. He had to convince his wife Gloria to go as she has severe anxiety and has avoided doctors for a long time. That night, Gloria became very ill. But because they were insured, they didn't hesitate to go to the ER where they learned that her blood pressure had spiked to above 200. The hospital was able to address her longstanding medical issues, and what would have cost tens of thousands of dollars was covered by insurance.

### COVERAGE TO CARE

In addition to helping people obtain health insurance, we now offer a new service to assist those who may have trouble understanding and using their policy. With support from the D. Dan and Betty Kahn Foundation, we are able to help community members make the most of their coverage by simplifying the process and walking them through the necessary steps so they can maintain their best health.

For more information contact the JFS Resource Center at 248.592.2313 or resourcecenter@jfsdetroit.org.

# The power of purple.

One in four women will experience domestic abuse—and the Jewish community is not immune. But you can help make it stop. Both the Jewish Coalition Against Domestic Abuse (JCADA) and 100 Mensches are working to raise awareness and put an end to this destructive issue. One of the ways they're doing that is with a purple ribbon campaign; look for your ribbon at your temple or synagogue. Another initiative is an annual essay contest for high school seniors on the role Jewish values play in eliminating domestic abuse.

Three winners received scholarships totaling \$5,000 this past spring.

If you'd like to make a donation and join 100 Mensches, visit 100Mensches.org.

If you or someone you know needs help, including a safe place to stay, contact JFS at 248.592.2335 (8:30am-4:30pm) or HAVEN's 24-hour crisis line at 248.334.1274.







## October is Domestic Violence Awareness Month.

I was convinced my husband would kill me and my daughter for standing up to him. My lawyer protected me, and JFS made sure that HAVEN provided an advocate to go to court with me, so I had the courage to face him. We are still careful, but we live a normal life now. I never would have been able to work and get out of it were it not for the Legal Referral Service at JFS.



# Worry about their Torah portion. Not their **service** hours.

Because We Care offers fun and fulfilling volunteer opportunities for busy b'nai mitzvah students. If they have a group they'd like to help or an idea for a project, we'll help make it happen with step-by-step guides and ongoing support. Kids can give back on their own schedule or join us for one (or more!) of our Monthly Mitzvot.

For more information or to register, visit www. jfsdetroit.org/becausewecare or contact the Youth Initiatives Coordinator at 248.592.2264 or BWC@jfsdetroit.org.

Playing with a Purpose
Sundaes in the Sukkah

Fall Fix Up Block Party

Hanukkah Helpers

Chicken Soup for the Soul of Detroit

**Parcels for Patients** 

**Spring into Action** 

September 18
October 9
November 6
December 11
January 22
February 12
May 21





# A turkey on every table.

Help families gather around the table this Thanksgiving with a contribution to our annual Goldberg Thanksgiving Distribution. Now in its 38th year, the program ensures that those who might otherwise be unable to celebrate the holiday have what they need for a proper Thanksgiving meal. It's a generous tradition started by the Goldberg family and carried out today by Nate and Nancy Goldberg and their family.

Just \$50 provides a complete meal for one family. Rather than bringing your holiday host a gift this year, consider making a donation and give a meal in their honor.

To make a donation please visit www.jfsdetroit.org, use the enclosed donation envelope, or contact Jenny Kabert at 248.592.2339 or jkabert@jfsdetroit.org.

# Groundbreaking funding for Holocaust survivor services.

JFS was one of 23 social service agencies selected to receive a grant from the Jewish Federations of North America through its recently launched Center for Advancing Holocaust Survivor Care. This grant marks the first time in history that the United States federal government has provided direct funding for Holocaust survivor services, and when combined with matching funds, will total over \$160,000 to enable new programming for survivors. JFS currently serves

close to 500 survivors through help with indemnification and restitution claims, translation, emergency financial assistance, homecare services, and more.

If you or a loved one is in need of assistance, please contact us at 248.592.2313 or resourcecenter@jfsdetroit.org

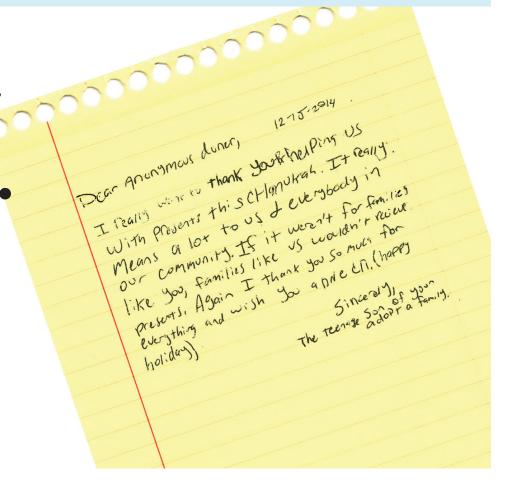
# Wrapping up the holidays.

Show your holiday spirit by participating in our Adopt a Family program. Each year, JFS depends on our volunteers to ensure that more than 700 people in need will have a gift to open come December. It may seem like a small thing, but it has a big impact on the lives of those we serve.

You can help by shopping for a specific family or individual from their wish list, donating gift cards, or making a general donation to the program.

To adopt a family this holiday season, contact Lindsay Leder at 248.592.2309 or <code>lleder@jfsdetroit.org</code>.

To make a donation please visit jfsdetroit.org, use the enclosed envelope, or contact Jenny Kabert at 248.592.2339 or jkabert@jfsdetroit.org.







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## Mailing info



# Thank you to all our supporters.

We serve thousands of people each year through more than 30 programs. But we don't do it alone. And we wouldn't be able to do it at all were it not for the generosity of our community. Here are just a few of the recent gifts we've received:

The Applebaum Family Compass Fund has awarded JFS a grant to support the needs of vulnerable Jewish older adults with home care, assistive technology, home modifications, and financial assistance.

Funds from the Julius and Phyllis Siegel Fund for Older Adults will go toward supporting and expanding our transportation services, allowing us to serve more people and provide even more rides.

Through Federation's Centennial Fund, a generous donor is providing support that will allow us to expand our family case management services so we can quickly serve more community members.

Congregation Shaarey Zedek designated Jewish Family Service as the recipient of the proceeds from their eRace Mental Illness and the Silence run/walk fundraiser. Funds raised will go toward increasing awareness of mental health throughout the community with an anti-stigma campaign.



# Celebrating life.

The luncheon to support Jewish Family Service's Cancer Thrivers Network for Jewish Women drew close to 250 people who came to support the group and hear the latest on cancer research from Dr. Daniel Hayes.





# Send a card that does more.

When you send your loved ones a tribute card from Jewish Family Service, you make a donation that allows us to provide our community with much needed services in the areas of older adults, safety net, and mental health and wellness. After you customize the message, we'll mail the cards.

To see our full collection of cards or to place an order, visit jfsdetroit.org or contact Jenny Kabert at 248.592.2339 or jkabert@jfsdetroit.org.









L'Shanah Tovah from Jewish Family Service.

May the new year be a sweet one for us all.