



# GRAY MATTERS

## Free Brain Health Workshops

### Brain Benefits of Volunteering

Dorothy Moon, MA, LPC, LBSW & Emily Croitori, LMSW

Why is volunteering good for our brain?? Join us as Dorothy Moon, MA, LPC, LBSW and Emily Croitori, LMSW discuss the wellness benefits of volunteering and learn how the right volunteer opportunity can make a positive cognitive impact.

**When:** Wednesday, June 19, 2019  
1:00pm-2:30pm

**Where:** Jewish Family Service  
6555 W. Maple Road, West Bloomfield, MI 48322

**About the Presenters:** For the past 20 years **Dorothy Moon** has been employed at JVS Human Services as the social worker for the Dorothy and Peter Brown Jewish Community Adult Day Program and is also the volunteer coordinator for JVS Human Services. She has held various other positions at JVS, including career counselor and case manager for persons with developmental disabilities. She also worked as a social worker for Hospice of Michigan for 3 years.

**Emily Croitori** is a licensed clinical social worker who is the Volunteer Services Supervisor at Jewish Family Service. Emily's background includes being a school social worker, a therapist, the Program Coordinator of a youth mentoring program, and currently oversees all of the day to day volunteer programs at Jewish Family Service.

To enroll, contact [MindU@jfsdetroit.org](mailto:MindU@jfsdetroit.org) or 248-788-MIND.

