



GRAY MATTERS

Free Brain Health Workshops

Your Brain and the Powerful Impact of Music

Jody Conradi Stark, Ph.D., MT-BC and Mike Chen, Violist, member of
The Detroit Symphony Orchestra

Music is pervasive in our society, and impacts the physical, emotional, cognitive, social, and spiritual aspects of our lives. This presentation will provide insight into the fascinating ways music affects our brains and behavior. Mike Chen, Violist from the Detroit Symphony Orchestra, will perform pieces demonstrating how music can "move" us, both physically and emotionally.

When: Wednesday, July 15, 2020
1:00pm-2:30pm

Where: Join Zoom Meeting

Meeting ID: 968 8756 1326 Password: 444193

<https://zoom.us/j/96887561326?pwd=S0hDdWtwenB4M2dOc2NJZmxDMHp6QT09A>

About the Presenter: Jody Conradi Stark is a board-certified music therapist with over 30 years of clinical experience with various populations. She is a part-time lecturer and Music Therapy Clinical Supervisor for EMU's Music Therapy Program, and Site Director of Music Therapy Clinical Services, MSU Community Music School- Detroit. She is also President of Creative Art Therapies, Inc. a company she started that provides contractual music, dance/movement and art therapy services to agencies and individuals throughout Southeastern Michigan.

To enroll, contact MindU@jfsdetroit.org or 248-788-MIND.

