

DESTINY DEFINED

Don't miss out on the next set of Destiny Defined workshops! (Spaces are limited, so act now to ensure a spot on the roster!)

- When: **SUNDAY NOVEMBER 7TH, AND SUNDAY NOVEMBER 14TH** FROM 9:00 A.M. UNTIL 4:30 P.M.
- Where: In person (with proper Covid precautions observed) at Jewish Family Service of Metropolitan Detroit in West Bloomfield

Destiny Defined is a unique program that empowers high school students to forge a purpose-filled future. Sessions are a mixture of icebreakers, lessons, group discussions, visualizations/meditations, interactive activities, student presentations, guest speakers, and journaling, in addition to a post-program mentoring experience.

Core elements of the program:

- Cultivating a Deeper Sense of Gratitude
- Recognizing the Power of the Human Spirit
- Reframing Mistakes as Opportunities for Growth
- Developing Grit
- Determining Core Values
- Reducing Daily Stress
- Managing Time Effectively
- Examining College and Trade School Options
- Exploring the concept of "Purpose"
- Formulating a Clear Plan to Find a Fulfilling Career

Ready to commit to a life-changing experience? Click [here](#)



For more information, visit our website at <https://www.destinydefined.org/>

Questions? Email or call: info@destinydefined.org (248) 408-1814