

# JFS is here to help

As the needs of our community continue to change,  
**WE are, too.**

We are offering extended call-in hours for our Resource Center during this time of need and can help with:

- Meals and assistance for older adults
- One-time confidential conversation with a licensed JFS therapist
  - Financial resources, and more

If you or someone you know need help, please call!

**Monday-Thursday**  
**8am-8pm**

**Friday**  
**8am-5pm**

**Please contact JHELP (housed at JFS) at 1.833.445.4357 or [jhelpdetroit.org](http://jhelpdetroit.org).**



**Jhelp**

Jewish  
Family  
Service

The heart of a  
STRONGER COMMUNITY