



# BEYOND THE CLUTTER: UNDERSTANDING HOARDING & CREATING A HEALTHIER HOME

Join us for a **FREE** insightful training on hoarding and clutter, presented by **Laura Lokers, LMSW** a leading expert in hoarding disorder and evidence-based interventions. Laura will provide valuable insights into the psychology of hoarding, practical strategies for supporting individuals struggling with clutter, and resources for fostering a healthier living environment. Whether you're a community member, family member, or professional, this session will equip you with the knowledge to navigate hoarding challenges with compassion and effectiveness.

**Don't miss this opportunity to learn from an expert in the field!**

**Monday, May 5th**  
**11:30am - 1:30pm**  
**Zoom**

**Registration Link:**

**<https://tinyurl.com/ywstupba>**



**Laura Lokers, LMSW**, is a licensed clinical social worker specializing in anxiety disorders, OCD, and related conditions. She co-founded the Anxiety and OCD Treatment Center of Ann Arbor after working at the University of Michigan's Psychiatry Department. With expertise in Cognitive Behavioral Therapy and Habit-Reversal Therapy, Lokers treats children, teens, and adults using evidence-based methods. She's involved in clinical research, teaches as an adjunct professor, and is a founding member of the Washtenaw County Hoarding Task Force. Lokers regularly presents at professional conferences on anxiety and OCD interventions.