MORE THAN 12.2 MILLION ADULTS SERIOUSLY CONSIDER SUICIDE EACH YEAR.



LEARN THE SKILLS TO HELP SAVE A LIFE.

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop that teaches how to recognize when someone may be at risk of suicide and how to work with them to keep them safe.

FREE ASIST Training

You'll learn to:

- Understand how personal and societal attitudes affect views on suicide and interventions
- Provide guidance to a person at risk in ways that meet their safety needs
- Identify key elements of an effective safety plan as well as how to implement it

WHEN: Wednesday, November 4 and Thursday, November 5 from 8:30am–4:30pm

WHERE: Jewish Family Service, 6555 West Maple Road, West Bloomfield

TO REGISTER VISIT: jlive.app/events/14921

This free workshop is open to anyone 16 or older.

For more information, contact Mayim Meyers at 248.592.2694 or mmeyers@jfsdetroit.org.

ASIST

THE JEWISH FUND
A LEGACY OF SINAI HOSPITAL

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