



FSS Adult Personal History

This form is to be completed only by clients in Family Support Services. Please take your time and complete this entire form. The information you give us will help us understand you better and identify all the services that may be helpful to you.

Current Date: _____
Legal Name: _____ Also Known As: _____
Date of Birth: _____ Gender: _____
Address: _____

Telephone Number(s): Home: (____) _____ Cell: (____) _____ Work: (____) _____

May we contact you and leave a message at: House Number: Yes No Cell: Yes No Work: Yes No

May we text you on your cell phone? Yes No

In order of preference, with 1 being most preferred, please indicate which number you prefer we call you:

Home: _____ Cell: _____ Work: _____

Email Address: _____ Is it ok for us to contact you at this email: Yes No

Citizenship: _____ Race/Ethnicity: _____

Country of Birth: _____ Religion (if any): _____

Veteran or Spouse of Veteran: _____

Marital Status: Single Married Living Together Separated Divorced Widowed Other: _____

Primary Language: _____ Secondary Language: _____

Please describe any special accommodations which are needed i.e. language, visual or hearing impairments, etc.:

Do you have a guardian/conservator/power of attorney/payee? Yes No

If yes, please explain: _____

Emergency Contacts:

Contact #1: Name: _____ Telephone Number: (____) _____

Relationship: _____

Contact #2: Name: _____ Telephone Number: (____) _____

Relationship: _____

What recently happened to make you decide to seek help now?

- | | | | |
|---|---|--|--|
| <input type="checkbox"/> Abuse or Neglect | <input type="checkbox"/> Excessive Spending | <input type="checkbox"/> Job Stress | <input type="checkbox"/> Safety Concerns |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Financial Stress | <input type="checkbox"/> Lack of Support | <input type="checkbox"/> Significant Life Change |
| <input type="checkbox"/> Constant Fear/Worries | <input type="checkbox"/> Food Insecurity | <input type="checkbox"/> Legal Needs | <input type="checkbox"/> Transportation Needs |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Foreclosure | <input type="checkbox"/> Loneliness | <input type="checkbox"/> Unaffordable Housing |
| <input type="checkbox"/> Difficulty Concentrating | <input type="checkbox"/> Gambling | <input type="checkbox"/> Mental Health | <input type="checkbox"/> Unemployment |
| <input type="checkbox"/> Divorce | <input type="checkbox"/> Grief/Loss | <input type="checkbox"/> Physical Health | <input type="checkbox"/> Utility Bills |
| <input type="checkbox"/> Eviction | <input type="checkbox"/> Lack of Health Insurance | <input type="checkbox"/> Relationship Problems | <input type="checkbox"/> Other: _____ |

Please explain: _____

How would you like your life to be when you don't need any services from JFS? _____



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Insurance

Do you have health insurance? Yes No If yes, what carrier: _____

If no, would you like to talk with a Health Insurance Enrollment Specialist? Yes No

Primary Care Physician (PCP)'s name: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

Preferred hospital (in case of an emergency): _____

Address: _____ City: _____ State: _____ Zip: _____

Legal

Your legal information can help us better understand your needs and identify all appropriate resources and supports:

Do you have any current legal needs: Yes No

If yes, please explain: _____

Have you ever been arrested? Yes No

If yes, indicate the date, the charge, if you were convicted and what was the sentence: _____

Have you ever been convicted of a felony? Yes No Have you ever been convicted of a misdemeanor? Yes No

Are you currently on probation or parole? Yes No End date: _____

If yes, please provide the terms of your probation/parole: _____

Do you have any upcoming court dates? Yes No If yes, when? _____

Check all of the items that apply to you now or have in the past:

Bankruptcy Custody Divorce Eviction Foreclosure Adult or Child Protective Services (APS/CPS)

Please provide details for anything checked above: _____

Advanced Directives

Do you have an advanced directive established? Yes No

If yes, what type? Living Will Power of Attorney Other: _____

Health Information

Please list current or previous physical health issues you have experienced: _____

Significant family physical health history? Yes No

If yes, please explain: _____

Please list current or previous mental health or substance abuse issues you have experienced: _____

Do you currently, or have you in the past, utilized mental health or substance abuse treatment? Yes No

If yes, please explain: _____

Significant family mental health history? Yes No

If yes, please explain: _____



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Self-Harm Assessment

Do you have any thoughts now or recently of wishing you were dead? Yes No

Have you ever attempted suicide or tried to harm yourself? Yes No

Please explain circumstances (how, why?): _____

Has anyone in your family attempted or died by suicide? Yes No If yes, who? _____

Please explain: _____

Have you ever attempted to kill or seriously harm someone else? Yes No If yes, who? _____

Please explain: _____

Do you currently, or have you in the past, participated in risk-taking behaviors? Yes No

Please explain: _____

Have you felt the need to cut down on your alcohol or drug use? Yes No

Do other people in your life complain about your alcohol or drug use? Yes No

Do you ever feel guilty about your alcohol or drug use? Yes No

Do you ever have a drink or do drugs first thing in the morning to steady your nerves? Yes No

Comments/Other: _____

Trauma History

Have you ever experienced trauma? Yes No

Please check all of the items which you have experienced:

- | | | |
|---|--|--|
| <input type="checkbox"/> Flood | <input type="checkbox"/> Death of Close Friends/Family | <input type="checkbox"/> Family History of Mental Health Issues |
| <input type="checkbox"/> Fire | <input type="checkbox"/> Dysfunctional Family Dynamics | <input type="checkbox"/> Domestic Violence |
| <input type="checkbox"/> Serious Accident | <input type="checkbox"/> Combat | <input type="checkbox"/> Family History of Alcohol/Substance Use |
| <input type="checkbox"/> Assault | <input type="checkbox"/> Serious Medical Issues | <input type="checkbox"/> Other: _____ |

Are you currently in a controlling or abusive relationship? Yes No

Have you ever been in a controlling or abusive relationship? Yes No

Are there any current abuse or neglect concerns in your household? Yes No

Please explain: _____

*Please note, control or abuse can be physical, sexual, verbal, or financial in nature.

Community Supports

Would you describe yourself as involved within your community? Yes No

If yes, please explain: _____

Are there any agencies or organizations you currently utilize for support? Yes No

If yes, please explain: _____

Religious/cultural identification: _____

Are you affiliated with a religious/spiritual group or institution: Yes No

If yes, please explain: _____

Describe any cultural factors which will help JFS provide an individualized level of service: i.e. religious observance, ethnicity, LGBTQ identity, socioeconomic factors, immigration factors, etc.: _____

Client signature: _____

Date: _____

Jewish Family Service Staff Signature: _____

Date: _____