

MORE THAN 9 MILLION ADULTS CONSIDER SUICIDE EACH YEAR.



WILL YOU CONSIDER INTERVENING?

**FREE
ASIST Training**

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop that teaches how to recognize when someone may be at risk of suicide and how to work with them to keep them safe.

You'll learn to:

- Understand how personal and societal attitudes affect views on suicide and interventions
- Provide guidance to a person at risk in ways that meet their safety needs
- Identify key elements of an effective safety plan as well as how to implement it

When: Monday, March 27th and Tuesday, March 28th, 8:30am – 4:30pm

Where: Jewish Family Service, 6555 West Maple Road, West Bloomfield

This free workshop is open to anyone 16 or older.

To register, or for more information, contact Shevy Zigdon at 248.406.0076 or szigdon@jfsdetroit.org.



ASIST



LivingWorks



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