# Because We Care MONTHLY MITZVOT

These monthly rotating service opportunities are planned and coordinated by JFS staff. Participants can sign up to engage in service that connects them to needs in our community, while providing an education about the supports offered through JFS and our partners. Come once or come every month; sign up for the project or projects that relate to your interests and passions.

\*All programs will be held at the JFS building in West Bloomfield unless otherwise noted.\*

# Playing with a Purpose: Sunday, September 17, 2017 1-2:30pm

Help make the Jewish Family Service Play Therapy Room at our Oak Park location even more welcoming for the kids and teens who visit. You will help create a fun, therapeutic craft project, sort through and organize our selection of games, create stress balls and much more. By the time you are done you'll have created such a fun space that you won't want to leave. **This program will be held at JFS Oak Park.** 

#### Sundaes in the Sukkah: Sunday, October 1, 2017 1-2:30pm

Help decorate the sukkah at Jewish Family Service! This will allow families who are coming to the agency for services to visit a sukkah during the holiday. You'll learn the story of Sukkot and hear how your contributions are important to our community. It also wouldn't be "Sundaes in the Sukkah" without being able to decorate and enjoy an ice cream sundae!

# Fall Fix Up: Sunday, November 5, 2017 1:30-3:30pm

Participate in a special Fall Fix Up just for you! Jewish Family Service is creating special B'nai Mitzvah sites for our popular annual event in the afternoon. Come to rake leaves and wash windows for older adults served by the Jewish Family Service. This program will be held at different sites around the community.

The mitzvot continue on the back!

To register online visit jfsdetroit.org/becausewecare





#### Hanukkah Helpers: Sunday, December 3, 2017 1-2:30pm

Every year, JFS helps make the holidays brighter for those we serve. Be a part of this mitzvah by creating Hanukkah crafts and cards for families and older adults enrolled in our Adopt a Family program.

# Chicken Soup for the Soul of Detroit: Sunday, January 21, 2018 1-2:30pm

A warm cup of soup on a cold winter day goes a long way! Help to make soup and put together food and basic needs packages for homeless individuals in Detroit, in partnership with Heart 2 Hart. Come ready to cook and bring a donation of warm clothing items or personal care items to help out. This program will be held at Adat Shalom Synagogue.

# Soothing Sunday: Sunday, March 18, 2018 1-2:30pm

Participants will come to JFS to learn about mental health awareness and the services that JFS provides. Create cards and notes with encouraging words and homemade stress-relieving kits, including silly putty, stress balls, and journals, that the therapists will present to teen clients.

# Spring into Action!: Sunday, April 29, 2018 1-2:30pm

Spring into Action with your family and Team Depot (from Commerce Home Depot store) to create and build planter boxes and other fun projects that will help spruce up the homes of older adult clients in our community.

For more information
please contact the
Youth Initiatives Coordinator
248-592-2264
BWC@jfsdetroit.org

Register online at jfsdetroit.org/becausewecare

