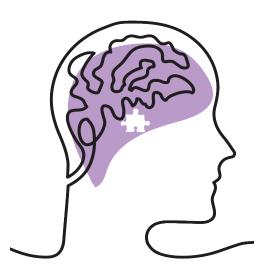
GRAY MATTERS

Free Brain Health Workshops



Is Alzheimer's Disease the Diabetes of the Brain?

You're probably familiar with Type 1 and Type 2 Diabetes.

BUT have you heard of Type 3 Diabetes?

Join Jewish Family Service and presenter **Scherrie Keating, RN**, as she helps us increase our understanding of the critical relationship between insulin resistance and Alzheimer's Disease. Hear the latest cutting-edge research and potential treatment options, and learn lifestyle changes that are showing promise in improving cognitive function in patients with early stages of Alzheimer's Disease.

Wednesday, March 16, 2022

1-2:30pm

Register in advance for this Zoom event at:

https://us06web.zoom.us/meeting/register/tZ0pd-CqqzkjE909FuPnq6PT6cIguhWKQ6dc

After registering, you will receive a link via email to join the meeting.

Please note that this presentation WILL NOT be recorded.

About the Presenter:

Scherrie Keating, RN is a keynote, educational and motivational speaker on the topics of Prediabetes, Type 2 Diabetes and Type 3 Diabetes. As a Registered Nurse for over 38 years and a Certified Diabetes Care and Education Specialist, she has cared for thousands of people living with Diabetes. After learning Type 2 Diabetes was preventable, she became a CDC, National Diabetes Prevention Program Lifestyle Coach, Certified Dementia Specialist, Certified Ageless Grace Educator and started Diabetes Kare Consulting, LLC. Scherrie is the Producer and Host of Talk Me Healthy TV Show and Podcast, has been featured in Boston Voyager as one of their inspiring stories and named the 2021 Ambassador of the Year for the North Central Massachusetts Chamber of Commerce. She is author of an upcoming book called The Life Changing Power of Your Why, a contributing writer for the book Thriving at Home by Dave Tasto and has written for Choices in Senior Living and Care magazine.

