



Put your  
best brain  
forward

# GRAY MATTERS

Free Brain Health Workshops

## Drama Therapy & Brain Health

**Jodi Leib-Coden, MA, RDT, CDP**

Join registered drama therapist and certified dementia practitioner **Jodi Leib Coden** as she engages us in the power of creativity to uplift our mood and stimulate memory. She'll discuss ways of clearing away our self-doubt and quieting our inner critic to make room for positive energy and optimism to flow. She will also help us embrace our own life story or create a new one for the future that is empowering and inspiring.

**When: April 21, 2021 - 1:00pm-2:30pm**

**Where: ZOOM - Register in advance at:**

[https://zoom.us/meeting/register/tJcuc--gqz8rHNY4LiW0tTfFA-F\\_Y\\_M1JZjS](https://zoom.us/meeting/register/tJcuc--gqz8rHNY4LiW0tTfFA-F_Y_M1JZjS)

After registering, you will receive a link to via email to join the meeting.

**About the Presenter:** **Jodi Leib Coden**, earned her Bachelor of Arts from University of Michigan with a major in LSA: Film and Video Studies, and a Master of Arts in Drama Therapy Studies and Psychology Theory from Lesley University in Cambridge, MA. In 2019, she completed her certification as a Registered Drama Therapist (RDT) and in 2020 became a Certified Dementia Practitioner (CDP). Jodi loves to express herself creatively in all forms including painting and photography, creative writing, and through the performing arts. She lives in metro Detroit and enjoys spending time with her husband, daughter and golden retriever, Marty.

To enroll, contact [MindU@jfsdetroit.org](mailto:MindU@jfsdetroit.org) or 248-788-MIND.

