

STRONGER TOGETHER

Family & Friends: An Addiction Support Group



FAN[®]

Families Against Narcotics

Your **connection** for information, resources, and support.

Your family member is leading a destructive life

but that doesn't mean *your* life has to be destroyed as well.

Stronger Together is a support group for family and friends of people struggling with addiction to drugs or alcohol.

It also includes a unique 12-step Family Recovery Plan that can help you move from a life of despair to a life of hope and purpose.

Addiction is a family disease, which means...

If you have a loved one in need of recovery, you need recovery, too. You need help dealing with the trauma of their addiction and its impact on your family and relationships.

A Stronger Together peer support group can provide the help you need. You'll benefit from the encouragement and experience of others facing similar circumstances.

By following a family recovery plan written specifically for those affected by a loved one's substance use disorder, you'll learn to support your loved one, without enabling. Make the decision to take back your life.

“Everyone is so amazing, even while suffering with their pain and that of their loved ones. It's very thought-provoking and helps me to reflect on my own recovery.”

~Rita

To find out where you can attend a meeting in your area please visit:

www.familiesagainstnarcotics.org