



GRAY MATTERS

Free Brain Health Workshops

July 12, 2017 / 1:00pm

Alternative Therapies: BEMER and Essential Oils

Todd Gulich and Terri Seldon, RN, MBA

JVS

29699 Southfield Rd., Southfield, MI 48076

August 9, 2017 / 1:00pm

Socializing and Technology: Intro to Facebook

Madhura Marathe, Hermelin ORT Resource Center

Jewish Family Service

6555 W. Maple Rd, W. Bloomfield, MI 48322

September 13, 2017 / 1:00pm

Alzheimer's Association Community Connect:

Your Brain and the Powerful Impact of Music

Detroit Symphony Orchestra; Jody Stark, Ph.D., MT-BC

Jewish Family Service

6555 W. Maple Rd, W. Bloomfield, MI 48322

October 11, 2017 / 1:00pm

Your Heart's Health

Dr. Shalini S. Modi, Service Chief-Cardiology

Henry Ford West Bloomfield Hospital

Jewish Family Service

6555 W. Maple Rd, W. Bloomfield, MI 48322

November 8, 2017 / 1:00pm

Depression 101

Amy Stern, LMSW

JVS

29699 Southfield Rd., Southfield, MI 48076

December 13, 2017 / 1:00pm

Medication Management

Wes Yousef, RpH,MTM, MBA, Pharmacy Supervisor

Henry Ford West Bloomfield Hospital

Jewish Family Service

6555 W. Maple Rd., W. Bloomfield, MI 48322

**To enroll, contact Angela Popoff, Mind University Program Coordinator,
at apopoff@jfsdetroit.org or 248-592-2671**

